



2010 Pickin' & Pedalin' Registration Form

Your invitation to the 7th Annual Bluegrass
Pickin' & Pedalin' Bicycle Tour
Henderson's Premier Biking Event - Benefiting:



Early Bird Special Registration fee \$25 prior to August 5, 2010 - \$30 per rider after that date

Helmets are mandatory for bicyclists. One registration per family please. Each person listed on a family registration must reside in the same household. Ride day packets will be filed under the name of the first person listed. Riders under age 18 must have parent or guardian's signature.

Name:	Age:	Route:	12	22	37	62
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Attach copies for additional family members.

*Release Signature:

Street: City: State: Zip:

Phone: Emergency Phone: Email:

Early Bird Special Savings Before	Individual:	Postmark prior to August 5	\$25 =
		Postmark on/after August 5	\$30 =
	**Family:	Postmark prior to August 5	\$35 =
		Postmark on/after August 5	\$40 =

**All must reside at same address.

Tour T-Shirt: S M L XL x \$10 =

Extra contribution to American Red Cross: =

Extra contribution to Bluegrass in the Park: =

TOTAL enclosed: =



Mail Registration Form to:

Pickin' & Pedalin'
American Red Cross
PO 99, 300 Center Street
Henderson KY 42419

or e-mail to:

PAYMENT TYPE:

Check (Payable to - American Red Cross Cardinal Chapter)

Master Card



Visa



Charge will appear as "American Red Cross"
Confirmations will be sent to those who supply an email address above.

Card No.

Exp. Date

Signature:

*In consideration of the acceptance of my/my child's entry, I for myself/my child, do hereby release and discharge The Henderson Tourist Development Corporation, Bluegrass in the Park Folklife Festival, the American Red Cross, its assignees, officers, agents, employees, volunteers and officials ("Releasees"), from any and all claims for personal injury, death, or property damage arising from or growing out of my/my child's participation in the Pickin' & Pedalin' Bicycle Tour on August 14, 2010 at Henderson, Kentucky ("Event"), except where the same is caused by the willful misconduct or gross negligence of the Releasees. I understand and agree that I/my child elect to participate in this Event at my/his/her own risk. I/my child am/is physically capable of participating in this Event and I am not aware of any physical or medical condition that would interfere with my/my child's ability to participate. I further acknowledge that I/my child may be photographed during the course of the Event. I grant full and unlimited permission to the Henderson Tourist Development Corp/American Red Cross and their agents and affiliates to use my/my child's name, photographs, or any other record of participation in this Event in any broadcast, telecast, or other account of the Event for publicity purposes, without compensation or remuneration.



Saturday
August 14, 2010

7th Annual Tour

Time: Registration: 8 - 10 A.M. Official starting time is 8 a.m. - but registration will open early for seasoned riders as August might be very warm. Rest stops may not be open for early starters. SAG closes at 1:30 P.M.

Registration Tent will be near 2nd and Water St.

Place: Audubon Mill Park on Water Street between First and Second Streets, Henderson,

Route: Choose from 12, 22, 37, or 62 miles.

Directions: From the North US 41 S to US 60 W (Exit 81B), then right on 2nd St. From the South - take the Breathitt (Pennyrile) Parkway north to KY 351 / Zion (Exit 79), then right on 351 (2nd St.).

Pickin' & Pedalin' Presented by the Bluegrass in the Park Folklife Festival and the American Red Cross Cardinal Chapter. Come and hear great Bluegrass music on the banks of the beautiful Ohio River. The Bluegrass Festival is on August 13 - 14 in Audubon Mill Park. You can enjoy your ride and then return to the Park for the rest of the Festival - admission is FREE! For more information about what all the Bluegrass Festival has to offer, please visit:

www.bluegrassinthepark.org

Pickin' & Pedalin' Tour

Come for a great ride and spend the day - you'll experience Southern hospitality at its best!

The Ride: Begins at Audubon Mill Park, located on Water Street between First and Second Streets in downtown Henderson. You'll travel down Main Street and see some beautiful, historic homes on your way to reaching some of the flattest and best county roads a bicyclist could ever want. Traffic is generally light, but all riders must always exercise caution.

Rest Stops: Our rest stops feature live Bluegrass entertainment and we provide refreshments and restrooms. SAG support is available on our tour. The event is conducted by bicycling enthusiasts just like you, so they are in tune with your needs.

Hungry? From 7 AM to 9 AM, the Festival has an all-you-can-eat egg, sausage, and pancake breakfast (\$6.50 adults and \$4.00 for the kids). Other food concessions open at 10:30 AM. with BBQ, burgers, beef brisket, and much more! There's something for everyone.

Music! You're in luck! This year marks the 25th annual Bluegrass in the Park Folklife Festival. The music starts at 7 AM and runs until midnight. Great musicians, great sound system, and best of all, it's FREE!

Lodging: Contact the Henderson Tourism office toll free at 1 800 648 3128 or visit www.hendersonky.org

